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Dr. Jürgen Schrezenmeir obtained his medical education at the University Würzburg and worked at the Department of Biochemistry and the Medical Clinic of the University Würzburg, the Medical Clinic of the University Mainz, the MRI of Kiel and Karlsruhe, and the Clinical Research Center in Kiel, Germany. His scientific interests are: Axis nutrition-digestion-metabolism; functional food, pro- and pre- bionics; immunonutrition; diabetes and metabolic syndrome. **Dr. Schrezenmeir published more than 300**

articles in various international journals and was awarded the Max Rubner Prize by the German Society of Nutrition, the Nordisk Prize by the German Diabetes Society, the Poster Prize by the German Diabetes Society, the COPP-Prize by the German Society of Osteology, and the H. & L. Schilling-professorship by the German Association of Foundations.