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Matrisciano was a reviewer and author of several scientific articles published on PubMed and book chapters on epigenetics. He has also worked as a researcher at Northwestern University Chicago (2015-2016) studying new compounds for cognitive impairment. Currently, he is collaborating with Loyola University Chicago (USA) in science. Main interests include: epigenetic effects of food on brain development and the power of bioactive compounds in neurodegenerative diseases including aging, dementia, and mental health.