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training in Food and Health at University of Reading, UK and a Salvador Maradiaga grant for her training at Beth Israel Deaconess Medical Center/Harvard Medical School in Nutrition/Metabolism. In 2004, Dr. del Castillo was appointed as Tenured Scientist at CSIC and as Research Scientist in 2009. Dr. del Castillo is in charge of the Food Bioscience Laboratory since 2011. She has been principal investigator in more than 10 research projects funded by different agencies and industry. She has published over 90 peer-reviewed scientific articles and book chapters, and 5 patents. Dr. del Castillo has supervised 6 PhD theses and several MSc and BSc projects most of them in the functional food field.