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To the Editors-in-Chief of *Function Foods in Health and Disease* (FFHD)

I am pleased to submit an original research article entitled “Amaranth flower improves diurnal quality of life in Japanese: A randomized, placebo-controlled, double-blind trial” written by Tsuyoshi Yamamoto and Hiroshi Maeda.

Amaranth flower is precisely used for herbal medicine as sedatives in Europe. However, the effect of Amaranth flower extract on subjects with mental anxiety not been evaluated. By performing clinical trial, we confirmed that Amaranth flower extract containing several flavonoid glycosides was found to improve social activity and vitality.

We believe that this manuscript is appropriate for publication by *Function Foods in Health and Disease*. This manuscript has not been published and is not under consideration for publication elsewhere. **We have no conflicts of interest to disclose and confirm we can pay the article processing fee after acceptance.**

Thank you for your consideration.

Sincerely yours,

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