

Tamami Shirai, PhD, Certified Functional Food Scientist



Tamami Shirai, PhD, Associate Researcher. She is an Associate Researcher with the School of Medicine, University of California San Diego (UCSD). Dr. Shirai's research interests include Mind-Body Medicine interventions, coping strategies, stress science, research methodologies and more. Prior to her academic career, Dr. Shirai worked in global corporations, including the Mitsubishi Research Institute. She is an active member of the **Academic Society for Functional Foods and Bioactive Compounds (ASFFBC)**.

Certificate number: 1021FFC/FFI.

This certificate is valid for
3 years. Expiration date:
May 19th, 2024.

