

## Anti-jugular vein thrombotic effect of *Morinda citrifolia* L. [noni] in male SD rats

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### **Abstract**

**Background:** Venous thromboembolism (VTE) is a common and serious medical condition, which is estimably responsible for more than 300,000 hospital admissions annually in the USA. Pulmonary embolism (PE) is a major complication of VTE, which contributes to 12% death of hospitalized patients. Heparin is the most common anti-coagulant, but severe allergic reactions, bleeding, and thrombocytopenia limit its use. Thus, seeking a botanical, nontoxic antithrombotic alternative is an interesting area. *Morinda citrifolia* L. [noni] is a medicinal plant used in folk remedies by Polynesians for over 2,000 years. It has been reported to have a broad range of therapeutic and preventive effects. The bioactivities of NJ have been continuously discovered with antioxidative, anti-inflammatory, analgesic, and immune modifying activities. Our novel hypothesis is whether NJ has an anti-venous thrombotic effect in rodents. To examine our hypothesis, this study was designed to examine the anti-thrombotic effect of NJ on the jugular vein thrombosis model induced by ferric chloride in SD rats.

**Material and Methods:** NJ and placebo used in this study were donated by Morinda Holding Inc. NJ was formulated with grape juice and blue berry juice. Placebo was prepared by using the same procedure of NJ preparation, but without NJ in it. Thirty-six male SD rats were divided into six groups. Anti-venous thrombotic activities of 5% NJ, 10% NJ, heparin, and 10% NJ plus heparin were examined and compared with the positive and blank controls. Thrombosis was induced by application of a filter paper soaked in 50% ferric chloride on the right jugular vein. A

2-cm fragment of the occluded vein (thrombus) was removed and weighed after 1-hour maturation. Blood samples were collected for platelet count, aPTT, and PT tests.

**Results:** The weight of a 2-cm fragment of normal jugular vein was  $9.9 \pm 2.1$  mg, while the weight of the occluded vein in positive controls was  $30.7 \pm 12$  mg [ $p=0.001$ ],  $24.7 \pm 6.5$  mg in heparin [ $p=0.16$ ],  $25.5 \pm 6.5$  mg in 5% NJ [ $P=0.15$ ],  $20.0 \pm 5$  mg in 10% NJ [ $P=0.04$ ], and  $16.1 \pm 5.0$  mg in heparin plus 10% NJ [ $P=0.02$ ], respectively. The activity of aPTT was significantly increased in heparin,  $60.0 \pm 10.0$  sec [ $p=0.002$ ] compared with  $16.83 \pm 4.9$  sec in blank control. There was a significant increase in 5% NJ [ $34.24 \pm 9.6$  sec,  $p=0.01$ ], a slight increase in 10% NJ [ $24.0 \pm 5.4$  sec,  $p=0.06$ ]. The activity of PT was significantly increased in heparin group only [ $36.52 \pm 3.0$  sec vs  $26.85 \pm 0.4$  sec in blank control,  $p=0.01$ ). There was no significant change in NJ groups. Clearly, the reduced thrombus weight by heparin may be partially due to the activation of aPTT and PT. The slight inhibition of NJ on aPTT activity may explain the possible additive antithrombotic effect of NJ with heparin. The platelet count was slightly reduced to 775,700 in the heparin group compared with blank control, there was no changes observed in other groups.

**Conclusion:** NJ has an anti-jugular vein thrombotic effect and a possible additive antithrombotic effect with heparin by activating aPTT without induction of thrombocytopenia. We wonder whether NJ has an anti-platelet function activity. The mechanisms for anti-venous thrombotic effects of NJ needs further study.

**Key words:** *Morinda citrifolia L.* [noni], noni juice (NJ), jugular vein thrombosis, heparin, antithrombosis, anticoagulant, activated partial thromboplastin time [aPTT], prothrombin time [PT].

### **Background:**

Venous thromboembolism (VTE) is a common and serious medical condition. It has been reported to be responsible for more than 300,000 hospital admissions per year in the United States [1]. Of these patients, approximately one-third present with clinical symptoms of acute pulmonary embolism (PE) and two-thirds with deep venous thrombosis (DVT) [2]. PE is the major complication of VTE, which contributes to death in about 12% of hospitalized patients in the USA [3]. The array of illnesses produced by VTE includes suddenly death from PE, long-term post-thrombotic syndrome, hospitalization, complications from the anticoagulant therapy such as heparin, and the psychological impact of a potentially chronic recurrent illness [4]. Heparin is a sulfated polysaccharide with a molecular weight range of 3,000 to 30,000 Da. It produces its major anticoagulant effect by inactivating thrombin and an activated clotting factor X through an anti-thrombin-dependent mechanism [5]. A significant therapeutic drug being used for DVT is unfractionated heparin and low-molecular-weight heparin [6]. Recent registries and cohort studies suggest that approximately 10% of all patients with acute PE die during the first 1 to 3 months after diagnosis. Overall, 1% of all patients admitted to hospitals die of acute PE, and 10% of all hospital deaths are PE-related. These facts emphasize the need to better apply our

knowledge on the pathophysiology of the disease, recognize the determinants of death or major adverse events in the early phase of acute PE, and most importantly, identify those patients who necessitate prompt medical, surgical, or interventional treatment to restore the patency of the pulmonary vasculature [7-8]. By inactivating thrombin, heparin not only prevents fibrin formation, but also inhibits thrombin-induced activation of platelets and clotting factors V and VII (9). An important limitation of unfractionated heparin is the lack of an oral formulation, and an unpredictable anti-coagulant effect due to variable, non-specific binding to plasma proteins [10]. The severe side effects include heparin-induced thrombocytopenia, severe bleeding, and osteopenia [11]. In addition, aspirin has also been used widely in preventing thrombosis in spite of its weak anti-platelet effect, adverse gastrointestinal effects, which involve tract and epigastric discomfort, and acute mucosal erosion with chronic peptic ulceration and bleeding [12-13]. It is therefore important to provide a cost-effective, nontoxic, and natural product for the prevention of VTE, or as an adjuvant therapy for this clinical problem. Hence, an alternative and safer anti-platelet treatment with fewer side effects is definitely needed [14-15].

*Morinda citrifolia* L. [noni] is a medicinal plant that has been used in folk remedies by Polynesians for over 2000 years [16-19]. It has been reported to have a broad range of therapeutic effects such as anti-oxidative, anti-inflammatory, antihistamine, antifungal, antibiotic, anticancer, and analgesic properties [20]. It has also been reported to have antithrombotic properties, but the mechanism remains unknown [21]. In previous studies, it was demonstrated that NJ made from Tahitian noni fruits by Morinda Holding Inc. is able to inhibit inflammatory reactions, scavenge reactive oxygen free radicals, quench lipid hydroperoxides, and inhibit Cox-1, Cox-2, and 5-LOX activities [22-26]. Figure 1 shows a Tahitian noni tree on the beach. This study examined the preventive effect of NJ and its additive and/or synergistic effect with heparin on jugular vein thrombosis induced by ferric chloride, as well as its possible mechanistic activities.



**Figure 1. Tahitian noni tree on the beach.**

Noni (*Morinda citrifolia* L.) is a tropical, medicinal plant used in folk medicine by Polynesians for over 2,000 thousands years. It was claimed to have a variety of therapeutic and preventive effects in humans. The traditional uses of noni are benefit to pain managements, arthritis, diabetes, asthma, fractured bones, constipation, lacerations, stomach pain, fever, gout, cancer, gynecological problems, tonic, hypertension, cardiovascular diseases, tuberculosis, weakness, and allergies. In modern times, the uses of noni have expanded to ADD/ADHD, brain problems, endometriosis, multiple sclerosis, and sinus problems, etc. (25-26). Tahitian Noni® juice (TNJ) is made from noni fruits grown in Tahitian islands by Morinda Holding Inc. in USA and distributed globally. The market of various blends of noni products has been largely expended. The bioactivity and health benefits of noni products are continuously discovered and reported (27). In this study, we demonstrated that NJ has an antithrombotic effect on the jugular vein thrombosis induced by ferric chloride in SD rats.

Various animal models are available for screening the efficacy of antithrombotic agents. But, FeCl<sub>3</sub> induced endothelial dysfunction, platelet activation, clotting and inconsistent blood flow, and intravascular thrombus formation mimics closely the human pathological condition. As an oxidant, FeCl<sub>3</sub> induced intravascular thrombosis is a simple and reliable model to evaluate the

efficacy of antithrombotic agents. This model has been used in various animal species including mice, rats and guinea pigs. The jugular vein thrombosis was generally selected for antithrombotic screening because it was easily approachable via a midline cervical incision without any mortality (27).

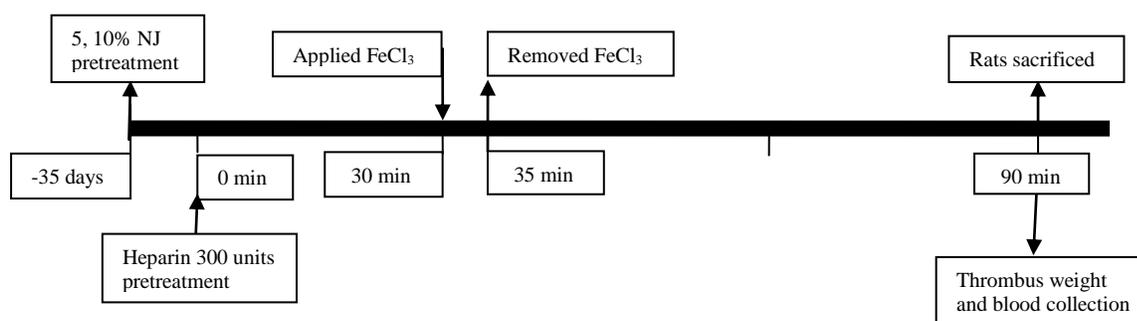
### Materials and Methods:

**NJ and placebo:** Noni juice (NJ) made from noni fruits grown in Tahiti was prepared and kindly donated by Morinda Holding Inc [28]. NJ was formulated with grape juice and blue berry juice. Placebo was prepared by R & D Department of Morinda Holding Inc. by using the same procedure of NJ preparation, but without NJ in it. NJ used in this study was diluted into 5% NJ and 10% NJ with drinking water and then put into a clean glass drinking bottle. The fresh prepared NJ and 10% placebo in positive control group was changed on the daily basis. The amount of the NJ and placebo consumed was recorded. Other reagents were purchased from Sigma Chemical Inc. SD rats were purchased from Charles River Animal Laboratory.

**Animals' maintenance:** Thirty-six 6-weeks old male Sprague-Dawley [SD] rats were purchased from Charles River Animal Laboratory [Wilmington, MA, USA]. The animals were maintained in accordance with the recommendation of the "Guidelines for the Care and Use of Laboratory Animals". All animals were housed in a room maintained at 25°C, and with a 12 h photoperiod. They were fed a laboratory chow diet and water ad libitum. The experimental design for these tests was approved by the Institutional Ethics Review Committee for animal experiments at the UIC College of Medicine at Rockford.

**Experimental design:** The experimental design is schematically described in Scheme 1.

### Scheme 1.



**Scheme 1.** Time course of the experiment. Two doses of NJ were pre-administered in drinking water for 35 days. Heparin was administered at 0 minute for 30 min, then ferric chloride was applied onto the exposed jugular vein for 5 min to induce thrombosis. The thrombus was removed and weighted after 1 hour maturation and weighted. The blood samples were collected for platelet count, aPTT, and PT tests.

The animals in the blank control were fed a laboratory chow diet and water, without any treatments, the animals in the positive control group were pretreated with 10% placebo, then

treated with ferric chloride; the animals in the heparin groups were not received any pretreatments; and the pretreated rats in NJ group were supplied with 5%, 10% NJ, and the animals in the combination of NJ plus heparin group were received 10% NJ in drinking water for 35 days before surgery. Phase 1 study examined the preventive effect of 5% NJ and 10% NJ in drinking water on thrombosis induced by ferric chloride on the right jugular vein compared to the blank control and positive control. Phase 2 study examined whether 10% NJ had an additive and/or synergistic antithrombotic effect with heparin. The NJ concentration used in the combination treatment of Phase 2 study was determined by the effective dose of NJ that caused the significant thrombus weight reduction in Phase 1 study. The procedure involved in this study was approved by the University of Illinois' Biologic Resource Committee [BRC].

**Induction of jugular vein thrombosis:** The animals were pretreated with NJ or placebo in drinking water for 5 weeks prior to the start of thrombosis assay. The animals in heparin group received 300 U/kg intravenously 30 min prior to thrombus induction. All animals were anesthetized with an intraperitoneal injection of pentobarbital sodium [50 mg/kg]. The right neck was cleaned with alcohol pads, followed by a transverse cervical incision. The internal jugular vein was identified and a 2-cm segment was isolated with 2-0 nylon sutures. A 5x5 mm filter paper soaked in ferric chloride [50% w/w] was applied to the external surface of the vein for 5 min, and then removed as previously described [29]. The skin layer was closed with stapler and the animals were returned to their cages. After 1 h, the rats were re-anaesthetized and sacrificed by intra-cardiac puncture for blood sample collection. Blood samples were collected into specific plastic tubes provided by a clinical lab for platelet count, aPTT and PT tests [30]. Samples were immediately centrifuged at 2500 rpm for 10 min to obtain plasma and stored at -20°C until analyzed. Analysis of aPTT was performed at the University of Illinois Veterinary Diagnostic Laboratory, Urbana, IL, while analysis of PT and platelet count was carried out at the University of Illinois Family Health Center Laboratory, Rockford, IL. After blood collection, the neck incision was examined and the presence or absence of a thrombus was noted. The 2-cm segment of occluded vein [thrombus] was harvested and the wet weight was determined on an analytical balance. The effective dose of 10% NJ was determined in the Phase-1 study. Six animals were pretreated with 10% NJ for 5 weeks, and heparin 300 U/kg was administered by i.v 30 min prior to thrombus induction. The thrombus was induced by the same method applied in Phase 1. Thrombus wet weight was also determined and blood samples were analyzed for platelet count, aPTT, and PT determinations [31-32].

ANOVA tests were used in statistical evaluation of the data, which are given as mean  $\pm$  SD and a value of  $p < 0.05$  was considered as significant [33].

### **Results:**

The result from this study indicated that the jugular vein thrombosis was successfully induced by oxidative ferric chloride compared with blank control. The weight of a 2-cm of normal jugular segment in untreated control was measured as  $9.90 \pm 2.10$  mg in weight. Thrombosis were also successfully induced in all animals of the positive control, pre-treated groups and the frequency of thrombus and thrombus weight in each group are presented in Table 1.

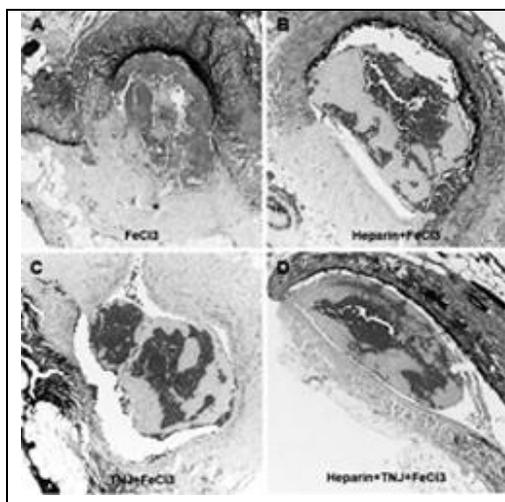
**Table 1.** Effect of NJ and heparin on frequency and weight of thrombi induced in jugular vein of rats.

Treatment	t/n	Thrombus wt [mg]	P value
Blank control	0/6	9.90 ± 2.10	
Fecl3	6/6	30.68 ± 11.98	0.001***
Heparin [300 U/kg] only	6/6	24.72 ± 6.50	0.16
5% NJ	6/6	25.52 ± 6.50	0.15
10% NJ	6/6	20.04 ± 5.04	0.04*
10% NJ + heparin	5/6	16.05 ± 5.02	0.02*

t/n= thrombus number in 6 animals for each group. Values are reported as mean weight ± SD. Student *t* test ( $p < 0.05$ , significant,  $p < 0.01$  very significant,  $p < 0.001$  extremely significant). The thrombus was successfully induced by oxidative FeCl<sub>3</sub> on jugular vein compared with blank control [ $p < 0.001$ ]. The thrombus weight in each pre-treated group was compared with FeCl<sub>3</sub> group. The thrombus weight in heparin and 5% TNJ pre-treatment groups did not show a significant reduction, the thrombus weight in 10% TNJ pretreated group showed a significant reduction compared with positive control. The combination group had a possible additive reduction of thrombi weight [ $p = 0.02$ ] compared with 10% NJ and heparin respectively.

The thrombus weight [30.68 ± 11.98 mg] in positive control group was extremely significantly increased [ $p = 0.001$ ] compared with 9.90 ± 2.10 mg in control. There was a significant reduction of the thrombus weight observed in 10% NJ group although the number of thrombus was not significantly changed. The thrombus weight [20.04 ± 5.04 mg] in this group was significantly reduced compared with positive control group [ $p = 0.04$ ]. It was thus used in the combination group of Phase 2 study to examine a possible additive and/or synergistic effect between NJ and heparin. The thrombus weight in heparin group had a slight reduction [24.72 mg,  $P > 0.05$ ] compared with positive control. The thrombus weight in the combination group of NJ plus heparin had a possible additive reduction efficacy [16.05 ± 5.02,  $p = 0.02$ ] compared with positive control, there was 48% reduction. There was a 34.8% reduction in heparin group and 19.4% reduction in 10% NJ group respectively. There was one animal without an occluded vein observed in the combination group. Hence, there was a possible additive effect of the antithrombotic effect between NJ and heparin.

The histopathological examination of the jugular thrombi was performed by an experienced pathologist. The results were shown in Figure 2.

**Figure 2** Anti-jugular vein thrombotic effect of heparin, TNJ, and their combination.

A. A thrombus induced by FeCl<sub>3</sub> in positive control. Severe oxidative damage was observed on the venous wall and the density of thrombus is very high. There was no space observed between the thrombus and venous wall.

B. A thrombus in heparin+FeCl<sub>3</sub> group showed less oxidative damage, thrombus with low density, and there was a space between the thrombus and venous wall.

C. A thrombus in 10% TNJ+FeCl<sub>3</sub> group showed much less oxidative damage, thrombus with lower density, and there is a larger space between thrombus and venous wall.

D. A thrombus in the combination group of FeCl<sub>3</sub>+TNJ+heparin showed a smaller thrombus, less oxidative damage, and a larger space between thrombus and venous wall. In summary, heparin and TNJ showed an anti-jugular vein thrombosis. An additive antithrombotic effect between heparin and TNJ was observed in the combination group.

The jugular vein thrombus was successfully induced by oxidative FeCl<sub>3</sub> in positive control group. The severe oxidative damage [color in black] was observed on the venous wall and the density of thrombus is very high without space observed between the thrombus and venous wall [A]. A thrombus in heparin+FeCl<sub>3</sub> group showed less oxidative damage, thrombus with low density, and there was a space observed between the thrombus and venous wall [B]. A thrombus in 10% NJ+FeCl<sub>3</sub> group showed much less oxidative damage, thrombus with lower density, and there is a larger space between thrombus and venous wall [C]. The strong anti-oxidative and anti-inflammatory activities of NJ may play an important role on the inhibition of venous thrombosis. A thrombus in the combination group of NJ plus heparin showed a smaller thrombus, less oxidative damage, and a larger space between thrombus and venous wall [D]. In summary, heparin and NJ showed an anti-jugular vein thrombotic effect on the jugular vein thrombosis induced by oxidative ferric chloride in male SD rats. A possible additive antithrombotic effect of NJ with heparin was also observed in the combination group.

The impacts of NJ, heparin, and their combination regimen on aPTT and PT activities, as well as platelet count were determined to explore the possible mechanism for the anti-venous thrombotic effect of NJ, heparin, and the combination of NJ plus heparin. The data were shown in Table 2. In Table 2, there was a 3.5 fold of prolonged aPTT activity in heparin group [ $60.00 \pm 10.0$  sec,  $p = 0.002$ ] compared with control [ $16.83 \pm 4.8$  sec]. A significant prolongation of aPTT in the 5%NJ [ $34.24 \pm 9.6$  sec,  $p = 0.01$ ] and a slight prolongation of aPTT in 10% NJ [ $24.00 \pm 5.4$  sec,  $p = 0.06$ ] groups compared with control. A significant prolongation of aPTT in the combination of 10% NJ and heparin was also observed with a value of  $40.00 \pm 4.5$  sec and  $p = 0.01$ , compared with control.

**Table 2.** Effect of NJ and heparin [300U/kg] on aPTT, PT, and platelet counts

Treatment	aPTT [sec]	<i>P</i> value	PT [sec]	<i>P</i> value	Platelet [ $\times 10^3/\mu\text{l}$ ]	<i>P</i> value
Control	$16.83 \pm 4.9^{**}$		$26.85 \pm 0.4$		$953.5 \pm 86^*$	
Heparin-only	$60.00 \pm 10.0$	0.002	$36.52 \pm 3.0^{**}$	0.01	$775.7 \pm 84^{**}$	0.06
5% NJ	$34.24 \pm 9.6$	0.01	$25.15 \pm 0.6$	0.06	$908.5 \pm 71^*$	0.52
10% NJ	$24.00 \pm 5.4$	0.06	$28.18 \pm 3.3^{**}$	0.21	$987.6 \pm 95$	0.67
10% NJ + heparin	$40.00 \pm 4.5$	0.01	$30.60 \pm 1.6$	0.04	$943.4 \pm 67$	0.86

n=6, except indicated in table \*n = 4, \*\*n = 3 respectively. aPTT=activated partial thromboplastin time, PT=prothrombin time.

The PT was very significantly prolonged in heparin group [ $36.52 \pm 3.0$  sec,  $p = 0.01$ ] and significant prolonged in the combination groups [ $30.60 \pm 1.6$  sec,  $p = 0.04$ ] compared with control [ $26.85 \pm 0.4$  sec], respectively. There was only marginally significant prolonged in 5% NJ group [ $25.15 \pm 0.6$  sec,  $p = 0.06$ ] and no significant change in 10% NJ group [ $28.18 \pm 3.3$  sec,  $p = 0.21$ ] compared with control group. Therefore, the prolongation of aPTT caused by heparin as well as NJ may be one of possible additive antithrombotic mechanisms. The prolongation of PT in combination group may be mainly caused by heparin since NJ did not show a significant impact on PT activity.

The platelet count was slightly reduced in heparin group [ $775.7 \pm 84$ ,  $p = 0.06$ ] compared with control group [ $953.5 \pm 86$ ]. There were no changes in 5% NJ, 10% NJ, and combination groups compared with control group. The heparin-induced thrombocytopenia was not observed

in combination group. Thus, NJ may help with thrombocytopenia caused by heparin. This needs a further study to have a conclusive result.

### **Discussion:**

Thrombosis is a complex process involving changes in the vascular wall, platelet activation, adhesion and aggregation, the initiation and propagation of the coagulation cascade [34]. The standard therapy, heparin, offers an effective prophylaxis and treatment of deep vein thrombosis, but is limited by its side effects of an unpredictable anticoagulant effect due to variable non-specific binding to plasma proteins, bleeding, heparin-induced thrombocytopenia, and osteopenia [35-36]. In this preliminary study, NJ was demonstrated to be a potential cost-effective and nontoxic alternative for DVT prophylaxis and adjuvant therapy.

The rat model described in the current study was designed for the study of the antithrombotic prophylactic effects of NJ, rather than treatment. The study indicates NJ at 10% concentration had an antithrombotic effect as shown with the significant reduction in thrombus weight. The combination group of NJ and heparin showed that 10% NJ+heparin had a possible additive antithrombotic effect in ferric chloride induced jugular vein thrombosis model. Although there was a significant elevation of aPTT activity in the NJ groups, but no significant change in PT, it suggests a possible mechanism through another intrinsic pathway such as platelet function [37]. The platelet count was slightly decreased only in heparin group and there were no significant change in 5% NJ, 10% NJ, as well as NJ plus heparin groups compared with control. NJ may provide more advantages over heparin because it is effective, natural, safe, and without thrombocytopenia [38]. A further study is definitely needed to examine the impacts of NJ on the platelet function such as platelet aggregation test as well as the impacts of NJ on the clotting factors.

The strong anti-oxidative and anti-inflammatory bioactivities of NJ may be responsible for the anti-venous thrombotic effect of NJ since fecl3-induced venous thrombosis are involved the oxidative damage and inflammatory responses caused by local application of Fecl3 on jugular vein. Pretreatment with NJ in rats may reduce the thrombosis induced by Fecl3. More specifically, the iridoids and phenolic compounds such as scopoletin, quercetin, kaempferol, and rutin, etc. existed in the NJ may be the major reason for the anti-venous thrombotic activity of NJ [39-44].

The latest data from our laboratory has demonstrated that NJ has a very strong anti-PE effect on collagen and epinephrine induced animal PE model. NJ also has a potentiating effect on the anti-platelet activity of aspirin using arachidonic acid, collagen, and ADP as inducers by using a Chrono-Log Platelet Aggregometer tests. NJ also has a potentiating anti-PE effect of aspirin on the animal PE model induced by collagen and epinephrine [45]. Thus, the current data generated in our laboratory strongly demonstrated that NJ may become an ideal, cost-effective, natural, and safe alternative on the prevention and treatment of VTE, DVT, and PE in humans. These data will be published in independent papers. We are very confident to predict that NJ may become a good natural blood thinner for the prevention and treatment of heart attack and ischemic stroke in humans.

**Description of additional data files:**

We have recently investigated the impacts of NJ on the platelet aggregation and pulmonary embolism in ICR mice, the results indicated that NJ is a potent antiplatelet aggregation and anti-pulmonary embolism agent as well as it has an additive to synergistic effect on the anti-platelet and anti-pulmonary embolism activities with aspirin in ICR mice. Therefore, a warning should be given to patients who drink noni juice on the daily basis; their primary care physician should determine whether the amount of aspirin should be reduced.

**Conclusion:**

NJ has a strong antithrombotic effect on ferric chloride-induced jugular vein thrombosis model in rodents. NJ may offer an effective prophylaxis to DVT through the antioxidant and anti-inflammatory activities. Previous studies showed NJ is a dual anti-inflammatory analgesic agent that improves the symptoms and the QoL of Osteoarthritis patients through inhibiting Cox-1, Cox-2, and 5-LO, these bioactivities of NJ may also impact on the platelet function. A further study to explore the mechanism of the anti-thrombotic effect of NJ is definitely needed in near future. A further study is suggested to better evaluate its antithrombotic efficiency and mechanisms of action on venous thrombosis as well as artery thrombosis. NJ may become a cost-effective antithrombotic dietary supplement if we could provide enough scientific evidence. This pilot study provides us a clue for the antithrombotic activity of NJ.

**List of abbreviations used**

VTE=Venous thromboembolism; PE=pulmonary embolism; DVT=deep vein thromboembolism; TNJ=Tahitian Noni® juice; NJ=noni juice; SD = Sprague-Dawley; aPTT=activated partial thromboplastin time; PT=prothrombin time; 5-LO=5-lipoxygenase; Cox = cyclooxygenase; BRC=Biologic Resource Committee.

**Competing interests:**

Dr. Wang ever received funding support from the Morinda Corporation for research related to Tahitian Noni. The others have no competing interests to report

**Authors' contributions:**

Funmi Ayanbule: She won a financial support for this project from the James Scholar Program of University of Illinois College of Medicine at Rockford. She wrote a grant proposal and carried out this project under the guidance of Dr. Mian-Ying Wang and Dr. Lin Peng. Fummi was the major researcher for this project. She chose Dr.Wang as her mentor and supervisor. Goudong Li: Dr. Li has confirmed the data of this study in his laboratory in P. R. China. Lin Peng: Taught and trained Funmi Ayanbule and Jacob Nowicki on surgical and animal experimental skills used in this project. He was their teacher, trainer, and a supervisor for this study. Jacob Nowicki: Jacob was a student of environmental science of State College of Illinois in Normal, IL. He was a summer program student and research assistant in Dr. Wang's laboratory. He joined this study as a research assistant for James Scholar Research project. Gary Anderson: He did pathological examination of jugular thrombi removed from animals for this study. Mian-Ying Wang: She

was a principle investigator of *Morinda citrifolia* (noni) project in the Department of Pathology, University of Illinois College of Medicine at Rockford. She was Funmi's mentor, and supervisor of this research project. She provided oversight and contributed fundamental conceptualization for the research and writing manuscript.

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